



Hampton Inn & Suites Hotel Project at Market Garage Hotel Continues Towards Completion

The downtown skyline is boasting a new look as the new Hampton Inn and Suites project heads along its final entry path this summer. There are several projects that PARK Roanoke will be coordinating with the hotel developer's contractor over the next several weeks including new interior way finding signage, cleaning and stripping the garage, new elevator cab up fits and new pay stations to support both the 24/ 7 operation of the garage and the new hotel's opening. Currently the roof portion of the garage is still not accessible to traffic but we hope to shortly regain access and continue to offer long and short term parking in the entire building. We appreciate our Market Garage parkers through the entire process which has been challenging at times.



Church Avenue Garage Elevator Modernization Project



PARK Roanoke is pleased to announce that ThyssenKrupp Elevator is under contract to perform maintenance and repairs of the Church Avenue Garage elevators. In the summer of 2015, PARK Roanoke contracted ThyssenKrupp (TKE) to perform an elevator modernization of the Elmwood Park Garage elevator. PARK Roanoke maintains a capital improvement project list and looks for needs within the parking system of 7 garages and 4 surface lots. Along with coordination and assistance from other City departments, TKE will modernize two of the elevators at Church Avenue Garage – the two on the First Street side of the garage. An elevator modernization upgrades and improves many of the mechanical components of an elevator. It will allow our elevators to continue to serve the Church Avenue Garage parkers for many years to come. We are in the process of coordinating timelines and expect the modernizations to begin in the fall of 2016. It is a rather lengthy overhaul and will likely take between five and six months to complete. TKE has advised us that there is very little time that will require an overlap of having both elevators "downed." The Second Street elevator will remain in operation throughout the project. We will advise our valued patrons of all times and dates as the project grows closer.

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Specials & Discounts

Early Bird Rate \$3 for all day parking with entry before 9 a.m. at Campbell Garage

Market Lot Lunch Rate \$1 for parking between 11:30 a.m. and 1:30 p.m.





Payments for Monthly Parking may now be paid on-line or over a toll free telephone line.
www.PARKRoanoke.com/payments or dial
 1-888-272-9829 Use Jurisdiction Code 6246 A nominal processing fee of \$1.95 applies to credit/debit card payments.

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IT'S EASY TO PARK ONCE AND ENJOY ALL THAT DOWNTOWN ROANOKE OFFERS!

Dress for Bike Success submitted by Jeremy Holmes, Director of Alternative Transportation Programs for the Roanoke Valley-Alleghany Regional Commission

If you're considering cycling to work you might be concerned about what to wear; not for work, but for the ride. A common obstacle for those who like to commute by bike is the perceived need to gear up in skin-tight lycra like the road warriors you might see barreling down the bike lanes some evening. The logistics required to pack and transport clothes, get cleaned up at work, and still look professional can be daunting. But it needn't be.

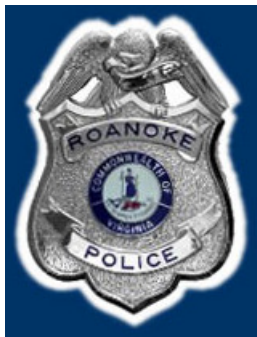



It's important to remember that riding for transportation – whether commuting to work, visiting friends or shopping - has a different goal than riding for exercise and performance, and therefore doesn't require the same dress code. Consider that bicycle commuters are often riding shorter distances (2 to 5 miles in general), at lower speeds, and often on neighborhood roads, greenways, or other low-traffic routes. The clothes a recreational rider wears, outfits built, essentially, for sports performance, are actually overkill for a low-speed commute or social ride. In that case, dress for your destination rather than for your ride.

It's true that high-performance clothes do a better job of wicking away sweat and can make for a more comfortable ride for long distances. But as a new or occasional rider, a few simple rules of thumb can help you get started for your short shopping or commute rides, and make sure you look good when you get there.

- Keep a backup at work: Having a suit, uniform, or other backup at the office or worksite can be useful for unexpected weather events or even an accidental splash through a puddle. If you need to wear a suit to work, keeping your jacket in the office can spare you a layer and spare the coat a few wrinkles
- Watch your cuffs: Fortunately, you can ride a bike in pretty much any footwear, but if you're wearing pants you'll want to tuck your cuffs in your socks or get a strap to keep them from getting caught in your chain.
- Remember to be visible: If your bike commute has you riding in early morning or late evening, remember to wear light or even reflective clothing so you can be seen. You don't need a day-glo spandex kit, but a light-colored shirt or even a safety vest will go a long way to keeping you safe.
- Invest in panniers: While you can haul your work gear in a backpack or messenger bag, a good set of panniers can store your stuff and keep your body open to the breeze. This can help keep you cool and avoid working up a sweat on your ride.

For some real-life examples of bicycle fashions that are anything but spandex, check out Copenhagen Cycle Chic: www.copenhagencyclechic.com/



 **Important Announcement**

A Downtown Neighborhood Watch Group is being established.

Kick-off meeting Open to All: downtown residents, business owners, and employees

August 23, 2016 6:00 p.m. to 8:00 p.m.

At Green Memorial United Methodist Church

For more information contact: Officer Travis Akins (540) 853-2132

Email: travis.akins@roanokeva.gov

Join a Neighborhood Watch and Help take a Bite Out of Crime!